

POLICY OF STATE OF DELAWARE DEPARTMENT OF CORRECTION	POLICY NUMBER F-03	PAGE NUMBER 1 OF 1
	RELATED NCCHC/ACA STANDARDS: P-F-03/4-4407 (IMPORTANT)	
CHAPTER: 11 HEALTH SERVICES	SUBJECT: EXERCISE	
APPROVED BY THE COMMISSIONER:		
EFFECTIVE DATE: 11-19-07		

PURPOSE:

To provide the opportunity for regular exercise.

POLICIES:

1. The site Health Services Administrator works with the Institutional Authority on requirements for inmate exercise.
2. Medical personnel recommend restricted participation in sports and other forms of exercise as indicated by an inmate's medical condition.
3. Medical status and reason for restriction are documented in the inmate's medical record. The correctional staff is advised of restriction.

References:

National Commission on Correctional Health Care: Standards for Health Services in Jails, 2003, J-F-03